

### **Advancing Disciplines #3 Lessons from Jesus' Fasting Time**

**Matt 4:1-12 NKJV**

**4 Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. 2 And when He had fasted forty days and forty nights, afterward He was hungry. 3 Now when the tempter came to Him, he said, "If You are the Son of God, command that these stones become bread." 4 But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God. Then the devil took Him up into the holy city, set Him on the pinnacle of the temple, 6 and said to Him, "If You are the Son of God, throw Yourself down. For it is written: 'He shall give His angels charge over you, and, 'In their hands they shall bear you up, Lest you dash your foot against a stone. 7 Jesus said to him, "It is written again, 'You shall not tempt the Lord your God. 8 Again, the devil took Him up on an exceedingly high mountain, and showed Him all the kingdoms of the world and their glory. 9 And he said to Him, "All these things I will give You if You will fall down and worship me." 10 Then Jesus said to him, "Away with you,\* Satan! For it is written, 'You shall worship the Lord your God, and Him only you shall serve.'" 11 Then the devil left Him, and behold, angels came and ministered to Him.**

**Why was Jesus led by the Spirit to be tempted of Satan?**

**James 1:12-17 NKJV**

**12 Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him. 13 Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. 14 But each one is tempted when he is drawn away by his own desires and enticed. 15 Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death. 16 Do not be deceived, my beloved brethren. 17 Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning.**

**1 Cor 10:13 NKJV**

**13 No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.**

**Jesus was led into the wilderness to be tempted by the devil because He, as our Substitute, was being tempted in our place.**

**How did Jesus defeat Satan?**

**Matt. 4:3,4**

**Now when the tempter came to Him, he said, "If You are the Son of God, command that these stones become bread." 4 But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.**

**Matt. 4:5-7**

**Then the devil took Him up into the holy city, set Him on the pinnacle of the temple, 6 and said to Him, "If You are the Son of God, throw Yourself down. For it is written: 'He shall give His angels charge over you, and, 'In their hands they shall bear you up, Lest you dash your foot against a stone. 7 Jesus said to him, "It is written again, 'You shall not tempt the Lord your God.**

**Matt 4:8-10**

**The devil took Him up on an exceedingly high mountain, and showed Him all the kingdoms of the world and their glory. 9 And he said to Him, "All these things I will give You if You will fall down and worship me." 10 Then Jesus said to him, "Away with you,\* Satan! For it is written, 'You shall worship the Lord your God, and Him only you shall serve.**

**How did Jesus defeat Satan? With the Word of God while fasting...**

**Isa 58:6-8 NKJV**

**6 "Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke? 7 Is it not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh? 8 Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the Lord shall be your rear guard.**